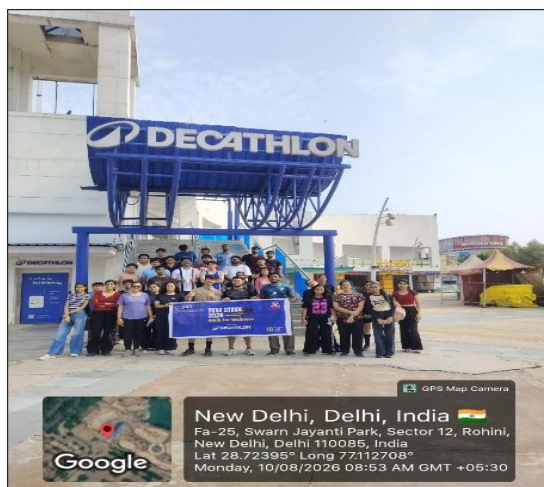
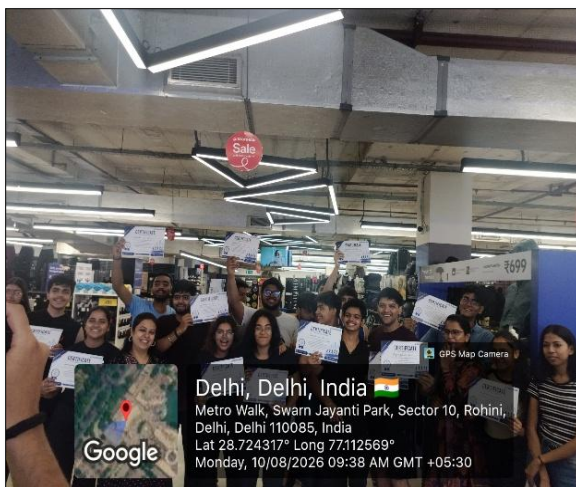
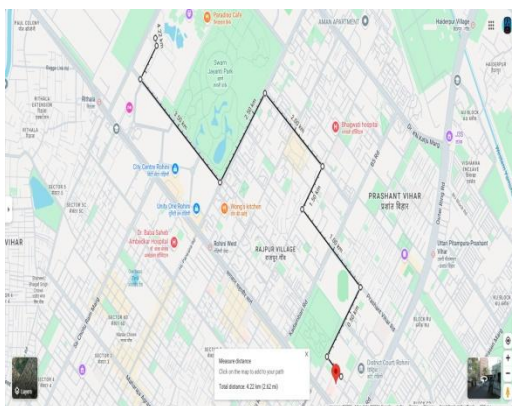


YUVA STRIDE- WALK FOR WELLNESS

10TH AUGUST 2026 (MONDAY)





FLYER OF THE EVENT



TYPE OF EVENT	Marathon
VENUE	Rohini Court Parking Gate to Decathlon, Metro Walk
TIME & DURATION	07:00 AM to 09:00 AM
CONDUCTED BY	NSS Unit of GIBS
ORGANISED FOR	GIBS Students
NAME OF THE COORDINATOR	Ms. Muskan Grover and Ms. Tripti Yadav
ATTENDANCE	50
RESOURCE PERSON	Mr Sarvesh Store Manager DECATHLON

OBJECTIVES OF THE EVENT	1. Promote health and fitness – Encourage students to adopt an active and healthy lifestyle. 2. Create awareness and community participation – Bring people together and promote social unity around a common cause. 3. Encourage sportsmanship and motivation – Inspire participants to challenge themselves, build confidence, and develop a spirit of determination and teamwork.
LEARNING OUTCOME	1. Understand the importance of physical fitness – Participants learn how regular exercise contributes to a healthy lifestyle. 2. Develop discipline and endurance – Participants improve their ability to set goals, stay committed, and overcome challenges. 3. Build teamwork and sportsmanship – Participants learn cooperation, respect, and positive interaction with others.
SHORTFALL DURING EVENT	NA
LINK OF YOUTUBE VIDEO	https://www.instagram.com/reel/Db3VxhuhcHo/?igsi=a3dwcHk4NmZsZDB5

PREPARED & SUBMITTED BY: MS MUSKAN GROVER, ASSISTANT PROFESSOR, GIBS