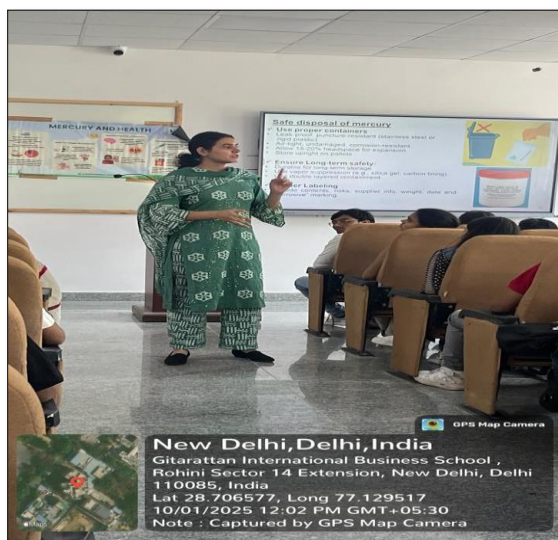


SEMINAR: MERCURY HAZARDS

1TH OCTOBER 2025 (WEDNESDAY)



The NSS Unit of Gitarattan International Business School (GIBS) organized a seminar titled “Educating for a Safer Environment & Sustainable Development” in collaboration with the NGO Hara Jeevan. The event aimed to raise awareness about the hazards of mercury and promote sustainable practices for a safer environment.

The seminar commenced at 11:00 a.m. in the Seminar Hall (1st Floor) and witnessed active participation from students of MBA & MBA(IB) 1st Semester and BBA M1A 1st Semester.

The session was led by the guest speaker from Hara Jeevan NGO Dr. Aaradhna Sharma, who explained the harmful effects of mercury and other hazardous materials commonly used in daily life. She emphasized how even minute quantities of such substances can have long-term detrimental impacts on human health and the environment. She emphasized the urgent need for sustainable choices in daily life—such as reducing chemical use, recycling responsibly, adopting energy-efficient habits, and supporting eco-friendly initiatives. Through real-life examples and interactive discussions, Dr. Sharma encouraged the students to reflect on how their actions, however small, can collectively contribute to a safer and healthier environment.

It was an interactive and engaging session, where the resource person posed questions to students about environmental awareness and sustainability. Students enthusiastically participated by sharing their perspectives and raising queries related to mercury exposure, pollution, and eco-friendly alternatives. They shared their ideas on environmental protection, asked insightful questions about mercury exposure, pollution control, and sustainable alternatives, and discussed how they could play a role in spreading awareness among their peers and communities.

As a meaningful and symbolic conclusion to the session, **Hara Jeevan** distributed **plant saplings** to all participants. This thoughtful gesture served as a reminder of individual responsibility towards nurturing the planet and promoting greenery in urban spaces , encouraging them to contribute towards a greener and healthier planet.

The event successfully blended education with awareness and action, inspiring students to adopt sustainable habits and understand their role in environmental preservation.



TYPE OF EVENT	Extra-curricular
VENUE	GIBS SEMINAR HALL
TIME & DURATION	11:00 AM onwards
CONDUCTED BY	NSS Unit, GIBS
ORGANISED FOR	Gibs students
NAME OF THE COORDINATOR	Ms Muskan Grover, Ms. Perna jain
ATTENDANCE	61
RESOURCE PERSON	Dr. Aaradhna Sharma, Founder Hara Jeevan NGO
OBJECTIVES OF THE EVENT	1. To educate students about the hazards of mercury and other harmful substances. 2. To promote awareness of sustainable

	and eco-friendly practices. 3. To encourage student participation in environmental protection initiatives. 4. To foster responsibility towards creating a pollution-free and sustainable society.
LEARNING OUTCOME	1. Students gained valuable insights into the harmful effects of mercury and environmental pollutants. 2. The session enhanced environmental consciousness and critical thinking among participants. 3. Distribution of saplings inspired students to take small yet impactful steps towards environmental preservation.
SHORTFALL DURING EVENT	NA
LINK OF YOUTUBE VIDEO	https://youtu.be/uSts6XbJUX8

**PREPARED & SUBMITTED BY: MS MUSKAN GROVER, ASSISTANT PROFESSOR,
GIBS**