

GENDER DISPARITY AWARENESS

1ST MARCH 2025 (SATURDAY)



The NSS Unit of Gitarattan International Business School, in collaboration with Rotaract District-3011, Delhi University South Campus, organized a visit to Arya Mahila Ashram, an all-female old age home in Rajender Place, New Delhi to conduct “Gender Disparity Awareness”. The event aimed to spread awareness about gender disparity while also engaging with the elderly residents in a meaningful and joyful manner. The visit provided an opportunity to listen to the experiences of these women and understand the challenges they have faced due to gender inequality during their youthful time.

The volunteers initiated the event with an interactive session, where the elderly residents shared stories from their lives. These heartfelt conversations shed light on the struggles and resilience of women in different eras. The session provided invaluable lessons on the evolving role of women in society and the need for continued efforts toward gender equality. Upon discussion, volunteers became aware that many of the residents were highly qualified and opted to stay in the Ashram by their own will. From Principal of a school to a Ph.D holder, volunteers got a chance to interact with many scholarly individuals.

To make the event more enjoyable, volunteers organized fun games and quizzes, which the residents actively participated in. The activities created an atmosphere of joy and enthusiasm, allowing the elderly women to relive moments of happiness and camaraderie. The cheerful engagement between the volunteers and the residents fostered a strong sense of companionship.

As a gesture of respect and appreciation, volunteers distributed roses and fruits to all the female residents. This small act of kindness brought smiles to their faces and made them feel valued. The residents expressed their happiness and gratitude for the visit, appreciating the warmth and care shown by the volunteers.

The visit to Arya Mahila Ashram was a deeply enriching experience for both the volunteers and the elderly women. It not only raised awareness about gender disparity but also emphasized the importance of empathy and companionship. The event left a lasting impact on everyone involved, reinforcing the value of intergenerational bonds and social responsibility.

FLYER OF THE EVENT



TYPE OF EVENT	Extra- Curricular
VENUE	Arya Mahila Ashram , Rajinder Nagar ,Delhi.
DATE, TIME & DURATION	11:00 AM- 01:00 PM
CONDUCTED BY	NSS
ORGANISED FOR	Elderly Women
NAME OF THE COORDINATOR	Ms. Muskan Grover
ATTENDANCE	14
RESOURCE PERSON	Arya Mahila Ashram Residents

OBJECTIVES OF THE EVENT	<ol style="list-style-type: none"> 1. To spread awareness about gender disparity through intergenerational conversations. 2. To provide companionship and emotional support to the elderly female residents. 3. To create an engaging and joyful environment through interactive activities.
LEARNING OUTCOME	<ol style="list-style-type: none"> 1. Understanding the lived experiences of women and their struggles with gender inequality. 2. Developing empathy and social responsibility through meaningful interactions. 3. Realizing the importance of fostering intergenerational connections in society.
SHORTFALL DURING EVENT	NA
LINK OF ONLINE VIDEO	

**PREPARED & SUBMITTED BY: MS MUSKAN GROVER, ASSISTANT PROFESSOR,
GIBS**