

List of Activities conducted in 2019-2020 for capacity development and skill enhancement for improving soft skills of the students				
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1.	Personality Development Workshop on Time Management	20-Feb-20	Dr. Felton Lean, A freelance consultant.	1
2.	Personality Development Workshop on “Building Emotional Competence”	29-Jan-20	Ms Anjali Dutta, Founder Director of Train me Academy, a company consulting & training HR professionals in the areas of Human Resource.	2
3.	Personality Development Workshop on Thinking Out of the Box and Creativity	23-Jan-20	Mr. Vivek Nanda, Corporate Trainer, motivational speaker and a renowned academician	3
4.	Personality Development Workshop On Personality Mapping Test	22-Aug-19	Ms. Pallavi Prakash, Author, Corporate/Motivational Trainer/Life Coach & Filmmaker	4
5.	Personality Development Workshop On Managing & Sustaining Emotion, Motivations and Energy at Work	21-Aug-19	Ms. Madhu Sharma, a trained psychometrician from British Psychological society, U.K.	5

For Gitarattan International Business School


 Director



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WORKSHOP ON TIMEMANAGEMENT 20th FEBRUARY, 2020

Gitarattan International Business School (giBS) organised a personality development workshop on Time Management on 20th February, 2020 for BBA semester II students. The workshop was conducted by Dr. Felton Lean, A freelance consultant.



The objective of the workshop was to enlighten our students with the importance of time management skills for professional & personal achievements. He emphasised that it is extremely important to manage time to eliminating all unnecessary time wasters in order to make more time in life, and, in the second step, investing every free minute wisely.

He discussed different time management strategies like creating a to do list, prioritization of task ecto improve awareness on how to use time to avoid the disturbances while working so that students can focus on the important tasks on time.

The session was very interactive and informative.

Compiled by: Ms Ritu Singh, Assistant Professor, giBS

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**PERSONALITY DEVELOPMENT WORKSHOP ON
BUILDING EMOTIONAL COMPETENCE**

29th JANUARY, 2020

The Institute organised PD Workshop on “Building Emotional Competence” for the students of BBA Semester II on 29th January, 2020. Ms Anjali Dutta, Founder Director of Train me Academy, a company consulting & training HR professionals in the areas of Human Resource management, HRD and Allied services, Organisation Development, Organisation Strategy, Manpower Placements and Head hunting:



The workshop intended to develop and implement emotional competencies to meet up the daily relationships both in personal and professional life. Through this workshop she taught the students steps and ways of building strong relationship by focusing on self awareness, inter personal communication and how to empathize with others.

Ms. Anjali, conducted some activities to help students develop and enhance their emotional intelligence in order to benefit both academically and professionally. She explained the students the concept of expressed and wanted behavior in inter personal relationship. She showed different movie clippings to make them understand how empathy and emotional intelligence can help them.

The session was filled with real life examples, in which students learned while performing the activities.

Prepared by: Ms. Seema Wadhawan, Assistant Professor, giBS

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**PERSONALITY DEVELOPMENT WORKSHOP ON
THINKING OUT OF THE BOX AND CREATIVITY
23rd JANUARY, 2020**

The Institute organized a personality development workshop on the topic Thinking Out of the Box and Creativity on 23rd January, 2020, for BBA semester IV students. The resource person for the workshop was Mr. Vivek Nanda; he is a corporate trainer, motivational speaker and a renowned academician.



Mr. Nanda emphasized on the importance of thinking out of the box and creative ideas in an individual's mind and explained the same by discussing the examples of out of the box business ideas that worked and failed as well. He explained the concept of thinking out of the box by using examples of Tata Nano & Big Bazaar, Polo & Mentos, Starbucks, Nirma detergent & Nirma salt, Uber & Uber eats, Samsung, LG, AmazonGo, Hindustan Lever, Dabur, Walmart, McDonalds, Bata, Underwater railway link between UAE and India. According to him every out of the box idea doesn't work and one must be very creative in making anything work. For enlightening the students more on the topic, he showed a few videos on ideas that are doing well and ideas that are being proposed and to be worked upon.

The overall session was highly captivating for students and helped to generate zeal among them.

Prepared by: Ms. Bhumika Vaid, Assistant Professor, giBS

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**PERSONALITY DEVELOPMENT WORKSHOP ON
PERSONALITY MAPPING TEST**

22nd August, 2019

GIBS organised a Personality Development Workshop for the students of BBA semester V, on 22nd August, 2019. The theme of the workshop was “Personality Mapping Test”. Personality tests are techniques designed to measure one’s personality. They are used to diagnose psychological problems as well as to screen candidates for college and employment. Behavioral scientists mostly use 16 personality types to analyse a person, and use it for diagnosis, career selection, soft skill development, etc.

In Management, we have several personality tests but the basic tests are Myers Briggs (MBTI) and the Jung personality test. These tests are based on five factor model of personality. Each factor represents a category of behavior and personality traits, of which a person will score somewhere along a range between either extreme.

The guest speaker for the session was Ms. Pallavi Prakash, Author, Corporate/Motivational Trainer/Life Coach & Filmmaker. During the sessions she conducted various activities of students related with identification of each other personalities and also taught the students about various techniques of personality assessment.



She also conducted a personality test on the students attending the workshop and told about how to use a personality test and how to score a personality on the basis of that test.

Finally the session ended with a vote of thanks and memento presentation to the guest by Director Sir, Prof. B.S. Hothi.

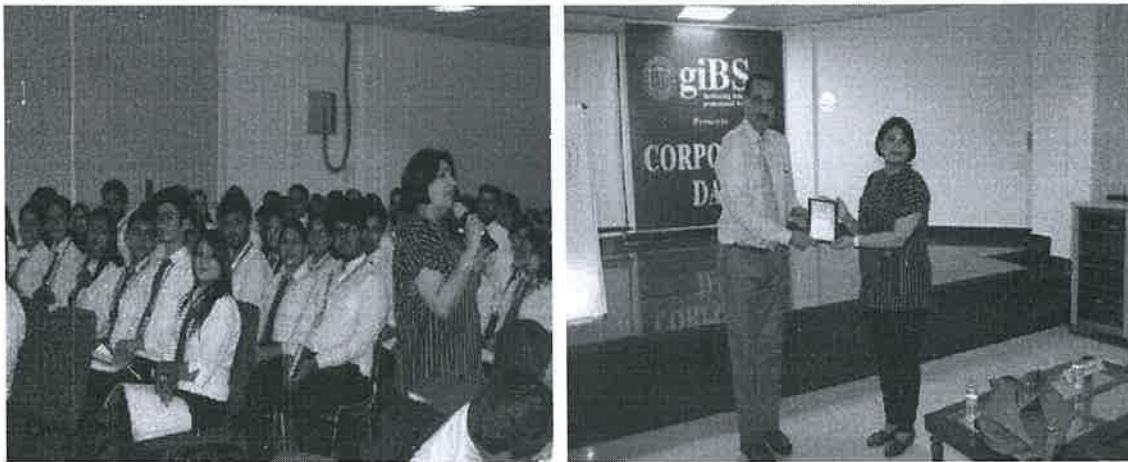
Report prepared by: Ms. Juhi Ahuja, Assistant Professor, giBS

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**PERSONALITY DEVELOPMENT WORKSHOP ON
MANAGING & SUSTAINING EMOTIONS, MOTIVATIONS AND
ENERGY AT WORK ON 21st AUGUST, 2019**

The Institute organised the personality development workshop on the topic Managing & Sustaining Emotions, Motivations and Energy at Work on 21st August 2019, for MBA 3rd semester students. The resource person for the workshop was Ms. Madhu Sharma, a trained psychometrician from British Psychological society, U.K.



She emphasised on the importance of communication in corporate environment and maintaining transparency in communication. She also explained the relationship between knowledge, skills and attitude. She tried to motivate students by giving real life examples and communicating few principles for a successful career: (i) Condition the mind (ii) Work with zero defects (iii) Always complete work before time (iv) Cost cutting is highly significant and at last (v) Blow your own trumpet.

Overall session was highly captivating for students and had helped to generate zeal in the students.

Prepared by: Dr. Richa Joshi, Assistant Professor, giBS

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