

# Personality Development Workshop- “Personality Mapping”

on

16<sup>th</sup> November, 2022

Gitarattan International Business School under IQAC organized e-Personality Development Workshop entitled “Personality Mapping” on 16<sup>th</sup> November 2022. The workshop was organized for BBA 5<sup>th</sup> Semester students. The objectives of the workshop were to make students learn how to manage their attitude and map their personality. The theme was well presented by Assistant Prof. Ms. Soni Jaiswal, Department of Psychology, Gargi College, University of Delhi.



She initiated the session by sharing the pictures of famous personalities and remarked that the personality with good behavior makes people famous. She opined that knowledge, skills and right attitude enhance the personality. She also discussed about Myers-Briggs Type Indicator (MBTI) - an introspective self-report questionnaire indicating differing psychological preferences. MBTI also explains how people perceive the world and make decisions.

She also listed and explained the ways through which one can map one's own personality. According to her personality mapping is highly relevant for management students. The awareness of one's own personality helps in strengthening the qualities that resonates with it. The speaker talked in detail about multiple intelligences and how they are used to evaluate personality.

At the end the question-answer session was conducted to resolve the queries of the participants. The workshop proved to be engaging and insightful.

**Prepared by: Simran Jain, Assistant Professor, giBS**

**FLYER OF THE EVENT**



<b>TYPE OF EVENT</b>	PDW
<b>VENUE</b>	Seminar Hall, Ground Floor
<b>TIME &amp; DURATION</b>	11:00 AM to 01:00 PM
<b>CONDUCTED BY</b> (eg. CLS-GIBS, IIC, Club, IIPC etc.)	GIBS
<b>ORGANISED FOR</b> (Course, Name, and Semester)	For BBA 5 <sup>th</sup> Semester
<b>NAME OF THE COORDINATOR</b>	Dr Shuchi Mehra
<b>ATTENDANCE</b>	100
<b>RESOURCE PERSON</b>	Ms. Soni Jaiswal Assistant Professor, Department of Psychology Gargi College, University of Delhi

<b>OBJECTIVES OF THE EVENT</b>	<ol style="list-style-type: none"><li>1. Enhance Confidence.</li><li>2. To provide a platform to students to develop their personality.</li><li>3. To bring out the expressive and aesthetic potential of each students.</li></ol>
<b>LEARNING OUTCOME</b>	Personality Development
<b>LINK OF YOUTUBE VIDEO</b>	<a href="https://www.youtube.com/watch?v=JF3ydLmBdNY">https://www.youtube.com/watch?v=JF3ydLmBdNY</a>