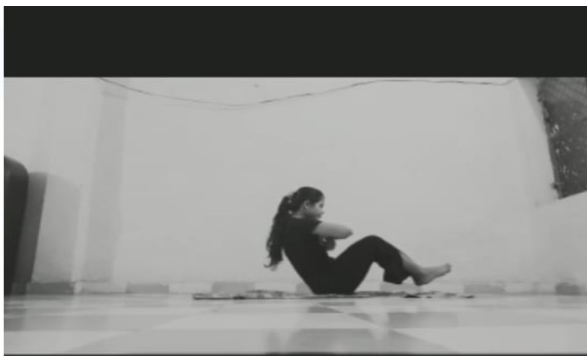


INTERNATIONAL YOGA DAY- 1 JUNE, 2022 TO 21 JUNE, 2022

REEL-IT UP: THE YOGA CHALLENGE

15 JUNE, 2022

NSS Unit of Gitarattan International Business School celebrated International Yoga Day from 1 June- 21 June, 2022. The celebration included Reel It Up competition. The competition was open for all the students of GIBS. In this competition, Participants faced yoga mobility challenge as per the given video link and were required to perform it at least 5 times in a minute. Participants submitted their videos (reels) in online mode.



The reels were judged on the basis of posture, accuracy and frequency. Many teams participated in the competition. The winner of the competition was Varenya Vats from BA LLB second semester. Winners, participants and student coordinators were felicitated in the Valedictory ceremony of International Yoga Day i.e. on 21 June, 2022. The winner of the event also received Amazon voucher worth Rs. 500.

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