

**'MEETING OF NSS PROGRAM OFFICERS
USS AND AFFILIATED COLLEGES
27th APRIL, 2022**



The meeting of all NSS Program Officers (USS and Affiliated Colleges) of GGSIPU NSS Cell was held on 27th April, 2022 (Wednesday), 11:00 am at E-315 (Committee Room of USICT), E-Block, GGSIP University, Campus, Dwarka, New Delhi. The meeting was headed by Dr. Varun Joshi, Program Coordinator, NSS/NCC Cell, GGSIPU, Dr. Rajesh Kumar, Associate Professor, USBAS, Asstt. Program Coordinator (USS), GGSIPU and Dr. Durgesh Tripathi, Asstt. Professor, USMC, Asstt. Program Coordinator (Affiliated Colleges), GGSIPU.

The agenda of the meeting was to discuss the Action plan to celebrate International Day of Yoga 2022. Hundred days countdown till International Yoga day has already started wherein NSS units of each college and GGSIPU University is planning various programs.

The minutes of the meeting were :

- Fifteen days continuous programme consisting of various activities should be conducted before 21st June. Activities such as poster making competition, quiz, debate, panel discussion, seminars and training sessions by experts can be organized. For these activities volunteers and participants may certificates by their respective colleges.
- Small videos and pictures of daily activities up till 21st June should be captured by NSS volunteers. They can collect pictures of training by Yoga gurus on TV or Online, they can report the experiences of their family members, friends or anyone from their community of how yoga has changed their life or the positive impact of Yoga on them.

- On 21st June all colleges and the University have to organize Yoga session on a grand scale.
- For the Yoga activities and Yoga sessions students can be gifted Yoga mats. If the colleges wish T-Shirts to the NSS volunteers can be given for a distinct recognition.
- IP University is collaborating with Morarji Desai Institute to provide them with Yoga experts, if the affiliated colleges need their help they can avail the guidance.
- The number of hours spent by NSS volunteers in these activities of Yoga day celebration will be added to their 240 hours.
- Activities can be conducted by visiting Ayush Ministry as well.
- University is organizing a grand Inauguration ceremony of the International Yoga day celebration for which they invited all the Pos of affiliated colleges along with NSS volunteers to attend the ceremony.

Apart from the Yoga Day celebrations certain suggestions were given on other activities to be conducted and how to promote them and understand the significance of NSS as it consists of 30% of NAAC marks.

- Village adoption should be focused and while one adopts the village apart from social activities Legal aid should also be provided to villagers.
- All the events conducted under NSS by colleges should be reported from time to time to the university through mail. Also colleges should promote their activities on social media with # , activities should also be promoted in local magazines and newspapers and if possible broadcasted on local T.V channels.
- Each college should have their separate Banner for NSS. Small posters consisting of save water, save electricity, save earth, Don't Use Plastic etc should be pasted on the notice boards and other places in the campus.
- After completion of 240 hours student volunteers of NSS will get 2 credits as per AICTE guidelines.
- Colleges should collaborate for various activities and share their event on the whatsapp group of the NSS Pos created so that more participation can be generated.

At the end of the meeting contact details of Dr. Varun Joshi, Dr. Rajesh Kumar and Dr. Durgesh Tripathi were shared and group photographs were also captured.

Prepared by: Ms Muskan Grover, Assistant Professor, GIBS