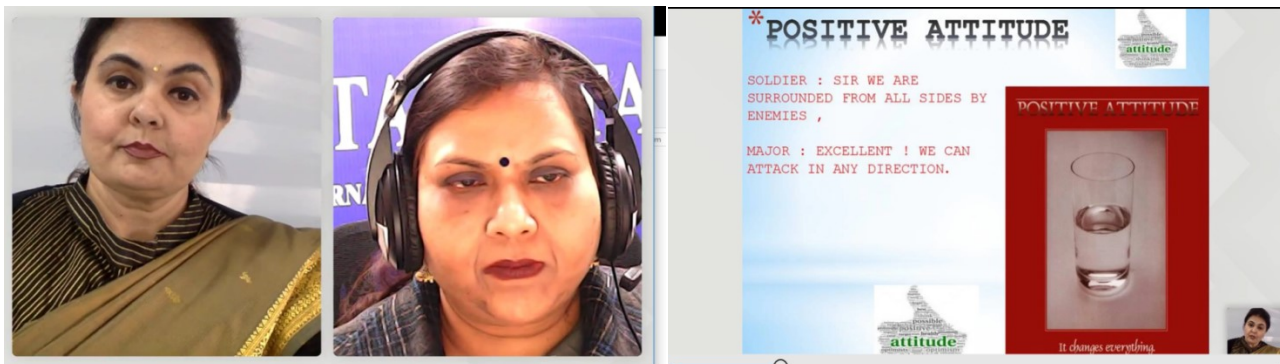


Personality Development Workshop on Positive Attitude Building 22 January, 2021

Gitarattan International Business School Going by its agenda conducts Personality Development Workshops on regular basis. This workshop on “**Positive Attitude Building**” is a sequel to the aforementioned objective was on 22 January 2021.



The workshop was conducted for MBA & MBA(IB) students of Ist Year and the main objective was to understand comprehensively what is positive attitude and its essential constituents and various tools which can be used for generating positive attitude.

Guest Speaker of the Day was Professor Monika Sethi Sharma, Director, PGDM (Business Design & Innovation) and Deputy Director-UG Programs at UBS Mumbai.

She emphasize on that Positive attitude is not something, which a person is born naturally with. It is developed and practiced over a period of time. Positive attitude does not provide a solution to the problem but it provides the mental stability to tackle the problems.

At the end the Question–Answer session was conducted to resolve the queries of the participants.

Prepared by:- Dr.Anjali Gupta, Associate Professor, giBS