

Journal of Global Information and Business Strategy

Year : 2015,

Volume: 7,

Issue: 1

First Page: (85)

Last Page: (97)

Print ISSN: 0976-4925

A STUDY ON WORK LIFE BALANCE OF COLLEGE TEACHERS IN SIVAKASI.

(1) M. Manikandan, (2) S. Subalakshmi, (3) S. Sheik Abdullah

1. Assistant Professor, Ayya Nadar Janaki Ammal College, Sivakasi. E-Mail: mmaniprofessor@gmail.com
2. PG Research Scholar, Ayya Nadar Janaki Ammal College, Sivakasi.
3. Ph.D Research Scholar, Ayya Nadar Janaki Ammal College, Sivakasi.

Published on 2015

Abstract

Work Life Balance has become one of the most issues in these days in every educational institution. There is a need to know the balance level of teachers with regard to both their work and family or personal life. If the work life is good, the functioning of the institution will be in a smooth and proper manner. This study will definitely help teachers on balancing towards work –life. Both career development on one side and the family care on the other side, it is necessary to know how the people balance the professional demands and domestic compulsions. Teachers in India have broken barriers and built bridges in the professional flat forms. Work- life balance focuses on two main aspects called achievement and enjoyment. This means that a teacher should be able to have job satisfaction (Enjoyment) and at the same time be able to grow up in his career (Achievement) when a working teacher is able to achieve and enjoy the professional and personal life; it means they have a positive Work- Life Balance.

Keywords

Work Life Balance, Importance, Issues.