

# WORKSHOP ON GOAL SETTING AND TIME MANAGEMENT 30<sup>TH</sup> AUGUST, 2018

The institute organized a Personality and Skill Development Workshop on the theme “**Goal setting and Time Management**” on 30<sup>th</sup> August, 2018. The workshop was conducted by Dr. Felton Lean, Chief Human Capital Officer, MPG Business Information Systems, Gurugram. Prof. B S. Hothi, Director of GIBS, gave a floral welcome to Dr. Felton, after which the session began. Dr. Felton opened the session by sharing his past experiences as a MBA student and about his learning from that time. He discussed with students that in the end you regret the things you were not able to do. To avoid it, plan and take action from today itself. He asked students about their goals behind pursuing MBA program. Students were urged to think about the difference between dreams and goals, thereafter, realizing the essence of setting goals and working towards achieving them.



Dr. Felton engaged students in various activities related to coordination and achievement of designated goals. He invited them to solve situation based problems on goal setting and time management. Students participated keenly and were very enthusiastic on learning new skills. While inculcating the skills of time management in students, Dr. Felton shared how he manages 24 hours of his day, which greatly inspired students. He even suggested the students to read the book “Change Your Question, Change Your Life” by Mary Adams.

At the end he emphasized that goal setting and time management must be in coherence, only then, the set goals can be truly achieved. The session ended with a vote of thanks by Prof. B S. Hothi.

It was a very fruitful and engaging learning experience for the students, as they remained engrossed throughout.

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