

WORKSHOP ON PROBLEM SOLVING SKILLS AND POSITIVE ATTITUDE BUILDING 20 SEPTEMBER, 2018

Gitarattan International Business School (giBS) organised a Personality and Skill Development workshop on **Problem Solving Skills and Attitude Building** on 20th September 2018. The workshop was conducted by Ms. Anjali Dutta, Management Graduate in HR. She possesses eighteen years of academic experience.



The speaker discussed the role of positive attitude in life. She explained that learning from failure is a process to positive attitude building. She showed various videos for positive thinking and achievement of goals.

The speaker discussed at length problem solving skills. She elaborated that creative thinking certainly help an individual to solve their problem. Consequently, "Out of the box" thinking help the person to solve their problem. Setting up the goals, inspiration and avoiding negative phases can help anybody to solve their problem with positive attitude. She also conducted various exercises to bring forth real situation in front of students. Finally, she explained that failure is the beginning of success. Hence, bring positivity in your life.

The session was very fruitful and learning experience for the students.

The session ended with a vote of thanks by Prof. A S. Pandey

Compiled by Manisha Kaushal Arora, Assistant Professor, GIBS