

**WORKSHOP ON**  
**TEAM BUILDING & WORKING WITH GROUPS**  
**12th MARCH 2018**

The Institute organized Workshop on 12<sup>th</sup> March 2018 on “Team Building and Working with Groups”. The workshop was delivered by Mr. Kanhaiya Narang. Mr. Narang is a corporate trainer of soft skills development, carrying more than 20 years of rich experience.



The whole session was filled with lots of activities and interactions. He started the workshop with the activity “Let’s know each other, better”. He focused on “together everyone achieve more” and he proved it by showing a short video of rabbit and turtle race. He also talked about importance of team and dimensions of team building: 1) build a new team and 2) introduce team building in the existing team. Later he discussed the four stages of team building: Forming, Storming, Norming and Performing.

He also gave tips to the students for clear communication by: 1. Be specific 2. Be accurate 3. Be honest 4. Be logical 5. Completeness 6. Always ask for feedback

At the end of his session he said, you can master the team when you master these traits:

- Emotional balance
- Drop perception
- Fresh perspective
- Interpersonal communication

He ended his session by a wonderful quote: Team work means more work.

**Prepared by: Raghav Jain, Assistant Professor**